

Event-Regulations

Swissalpine

02.12.2024

Organiser:

Tuffli Events AG
Gäuggelstrasse 20
7000 Chur
Switzerland

info@swissalpine.ch
www.swissalpine.ch

1. General	2
2. Races	2
3. Hiking	2
4. Conditions of Participation	2
5. Registration	2
5.1 Confirmation	2
5.2 Inability to start	2
6. Safety of implementation	3
7. Start number and timekeeping	3
8. Equipment	3
9. Running routes	4
9.1 Course data/markings	4
9.2 Course knowledge/closure and traffic regulations	4
10. Accompaniment and support	4
11. First aid	4
12. Doping controls	4
13. Protests	5
14. Disqualification	5
15. Data protection	5
16. Running membership	5
17. Liability and insurance	5
18. Place of jurisdiction	5

1. General

These «Event-Regulations» are an integral part of the contract between the participants and the organiser. The organiser reserves the right to make changes to the regulations at any time. The regulations can only be accessed online at **Swissalpine** by registering, participants accept these regulations and confirm that they have received and read them.

The Swissalpine in Flims is the official successor to the Swissalpine, which was held in Davos from 1986 to 2021. History, statistics and results will be updated from 2025 / 37th edition as part of the Swissalpine in Flims.

2. Races

This is a race without a license and without numerical limits. The running courses must be completed within a set time limit. All those who have reached the prescribed age are eligible to start: K104 / K46 born in 2007 or later, K19 born in 2017 or later.

3. Hiking

The running course can be completed individually or in groups within a specified time frame. Children under the age of 8 must be accompanied by an adult.

4. Conditions of Participation

Participation is at the participant's own risk. In particular, participants are responsible for their own health, training condition and equipment. All participants are expected to

- a) dress appropriately for the weather conditions and individual needs and protect themselves from rain, cold and sun;
- b) discontinue participation as soon as it threatens to become a health risk for them;
- c) behave in an environmentally friendly manner and do not leave any waste in the open air.

K104 / K46 take place in alpine, sometimes even high alpine terrain. This requires the participants to adapt accordingly in terms of caution, equipment and running organization. All K104 / K46 participants are expected to

- d) have experience in the mountains, are very well trained and sure-footed;
- e) be able to complete the race with partial autonomy and self-sufficiency;
- f) provide first aid to other participants in the event of accidents or health problems.

Infectious diseases contracted before the event (angina, flu, etc.) can significantly reduce performance and pose serious health risks (e.g. damage to the heart muscle). Anyone suffering from such an illness 6 to 8 weeks before the event should consult a doctor.

5. Registration

5.1 Confirmation

Registration takes place online at www.swissalpine.ch. The entire registration procedure is carried out by Datasport. By registering for the Swissalpine®, participants automatically accept the event regulations and Datasport's GTC.

5.2 Inability to start

If you are unable to start due to illness, accident or other reasons, the entry fee cannot be refunded and cannot be carried over to the following year. It is therefore recommended that

you take out cancellation insurance at the time of registration. This enables the entry fee to be refunded in the event of an accident or illness.

6. Safety of implementation

Depending on external factors (e.g. weather, catastrophes, official directives, etc.), the organizer offers participants the greatest possible certainty that the event will take place by taking appropriate measures. The organizer is entitled to

- a) make changes to the route;
- b) to interrupt and resume the event;
- c) to cancel the event or not to start it at all.

In all these cases according to lit. a-c, there is no entitlement to a refund of the entry fee and/or compensation for other damages such as travel or accommodation costs.

In the event of extreme weather conditions (e.g. heavy rainfall, cooling and thunderstorms as well as snowfall), the organizer will provide alternative routes which can be prepared within 24 hours.

7. Start number and timekeeping

The race number with an integrated passive transponder is personal and must be worn clearly visible on the chest, stomach or leg during the entire event. It authorizes access to the catering, first aid and baggage drop-off areas. Passing on the personal start number to another person is prohibited. The running time is measured from the moment the start measuring mat is crossed. Incorrect or inaccurate timekeeping does not give rise to any legal claims against the organizer.

8. Equipment

The following mandatory equipment must be carried on the entire route:

	K104	K46	K19	H19
Mobile telephone (with saved emergency numbers)	x	x	x	x
Backpack or running vest	x	x		
Rain jacket with hood	x	x		
Headband or cap	x	x		
Forehead lamp with extra batteries	x	x		
Bottle /bag for 1 liter drink	x	x		
Spare drink 0.5 liter	x			
Drinking cup	x	x	x	x
Snacks	x	x		
Rescue blanket (1.40 x 2.00m)	x			
Elastic bandage for an emergency bandage	x			

The organizer may prescribe additional mandatory equipment at any time, in particular due to the weather conditions on the day before the start. The mandatory equipment can be checked at any time with random samples. Hiking poles are permitted on all routes, and even recommended on K104 / K46.

9. Running routes

9.1 Course data/markings

The official route data (length, altitude difference) are determined in cooperation with Outdooractive. The data may vary considerably depending on weather conditions, device and quality of the measurements. The running routes are marked with flags, route tape and signs.

9.2 Course knowledge/closure and traffic regulations

A thorough study of the course is required, especially for K104 / K46. Participants must be able to find the running route using the map. This is particularly important if the route markings are missing due to wind or external influences. It is also recommended that you take the route map and appropriate orientation aids with you.

For safety reasons, it is not permitted to leave the running course. It will be closed according to the cut-off times indicated in the timetable. Participants who are late will be removed from the event by authorized persons.

The event takes place in road traffic. The traffic rules must be observed.

10. Accompaniment and support

Personal support from supervisors is permitted along the running course and in particular in the vicinity of the refreshment zones. Any accompanying of participants on the course (e.g. by mountain bike or by running with them) is prohibited. Running along as a pacemaker is not permitted. Dogs and baby carriages are not permitted.

11. First aid

If participants get into difficulties due to injuries or health problems, they should go to the nearest post if possible or call the medical service via Medicall. The medical service and race doctors have the right to take participants who are in danger of damaging their health out of the race for a certain period of time or permanently. In the event of emergencies or medically prescribed event exclusions, the costs of care and evacuation by the medical service or civil rescue services will be borne by the participant.

Medicall telephone number +41 77 426 16 69

12. Doping controls

The Swiss Olympic Doping Statute (www.anti-doping.ch) applies. Participants may be subject to a doping test at any time.

13. Protests

Participants may lodge protests with the race director up to one hour after the finish in the event of breaches of the rules by other participants or against decisions made by the race management, and may name witnesses. The race jury will then decide on the protest within 3 hours. All named witnesses must be present. The protest fee is CHF 50.00. It remains with the organizer if the protest is lost.

14. Disqualification

Anyone starting in the wrong starting block, leaving the course, littering, not following the "Event Regulations" or the instructions of the OC or abusing doping will be disqualified. The race jury will make the final decision on disqualification.

15. Data protection

By registering, participants consent to the publication of their surname, first name, year of birth, place of residence and nationality in the start and ranking lists and for the duration of the event. This consent applies to publication on the Internet, in print media, on TV/teletext, in speaker announcements and for the posting of start and ranking lists during the event. Interviews, photos and film recordings made in connection with the Swissalpine® may be used on the internet, in print media, TV and all other digital media (Facebook, Instagram, YouTube, etc.) without any claims to remuneration. The organizer reserves the right to use the aforementioned personal data for marketing purposes, unless the participants object to this in writing with their registration. In addition, Datasport's privacy policy applies, available at <https://www.datasport.com/de/datenschutzerklaerung>.

16. Running membership

By registering for the Swissalpine®, participants also become running members of Swiss Athletics and the umbrella organization Swiss Olympic. For this purpose, names and e-mail addresses will be passed on to Swiss Athletics. The data will be used exclusively for the entry as a member and will not be passed on to third parties. This membership is free of charge and expires (after one year) at the end of the following calendar year. Further information can be found at www.swiss-running.ch/datenschutz. Consent to the forwarding of data to Swiss Athletics can be revoked at any time in writing (info@swissalpine.ch).

17. Liability and insurance

To the extent permitted by law, the organizer rejects any liability towards participants for any accidents, damage to health or other damage of any kind, regardless of the legal grounds. In particular, any liability for luggage handed over to the organizer is also excluded.

Furthermore, the organizer also rejects any liability towards spectators or third parties for damages of any kind. All participants must insure themselves against illness and accident. The insurance must include cover for rescue and recovery costs. Participation is at the participant's own risk.

18. Place of jurisdiction

The place of jurisdiction is Chur. Swiss law applies.